## The Fashion of Nail Polish

By: Naomi Worman & Ava Bandura



### TABLE OF CONTENTS

01

### History of Nail Care and Polish

Delve into the importance of it in ancient Egypt and China

02

#### Nail Polish & Acrylics for Women

How different lengths and colors can give alternative impressions of oneself

03

#### Nail Polish for Men

Men's usage of nail polish for LGBTQIA+ & RockStar fashion has extended to new affinities

04

### Nails and Socio Economics Assumptions

How nails can say something about who a person is financially





### What is Nail Care?

The process of maintaining toenails and fingernails and keeping them healthy and looking good. This can include trimming, shaping, cuticle care, and designing.



01

# Nails In Early Egypt and China

### **Ancient China & Egypt**

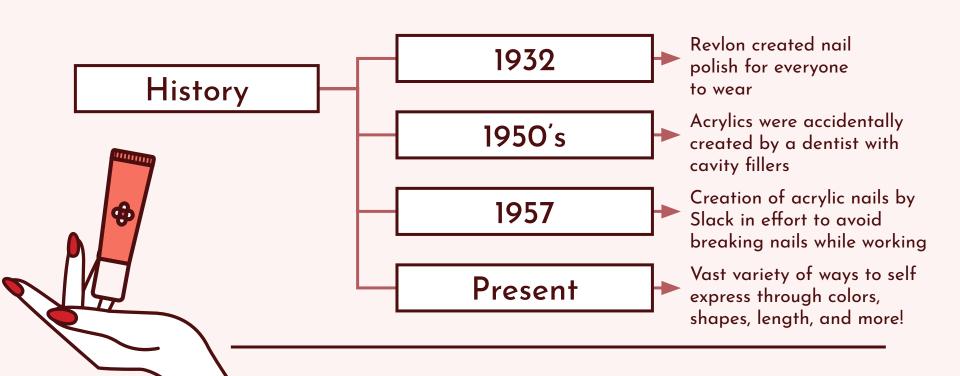


Cleopatra Henna Nails

Long Nails Red Nails



### Timeline

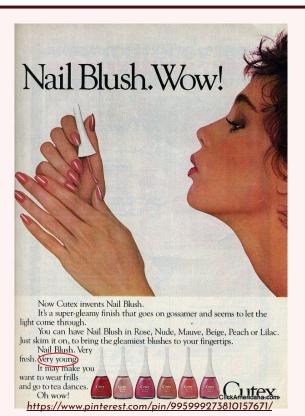


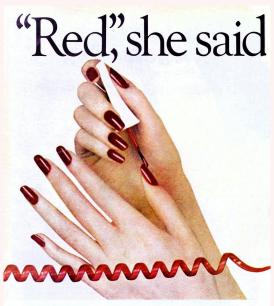
### Vintage Nail Ads





### Vintage Nail Ads





It's Red Velvet from Cutex. A red so rich, deep and dynamite-dislit makes you think of fox furs and limos, and movie-star kind of nails.

Ditto, our Redwood, Teakwood, Wine and Hennaberry, from the Cutex red nailshade collection.

You can paint up a storm with them. Flash them like jewels on yot fingers. Feel dressed when you haven't a thing to wear.

The richer the better says Cutex, for knock-out nails right now. https://www.pinterest.com/pin/16114511159501392/



02

### Nail Polish: Men vs Women

### Stereotypes surrounding nails



Female

Long vs Short

More surface level



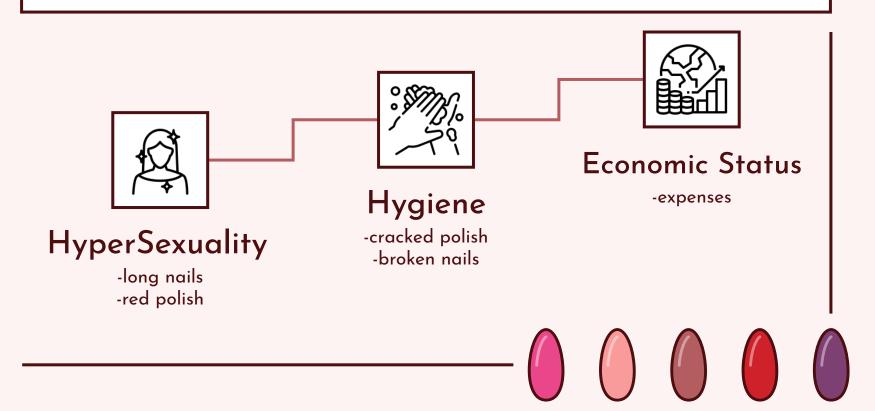
Gay men, rockstars

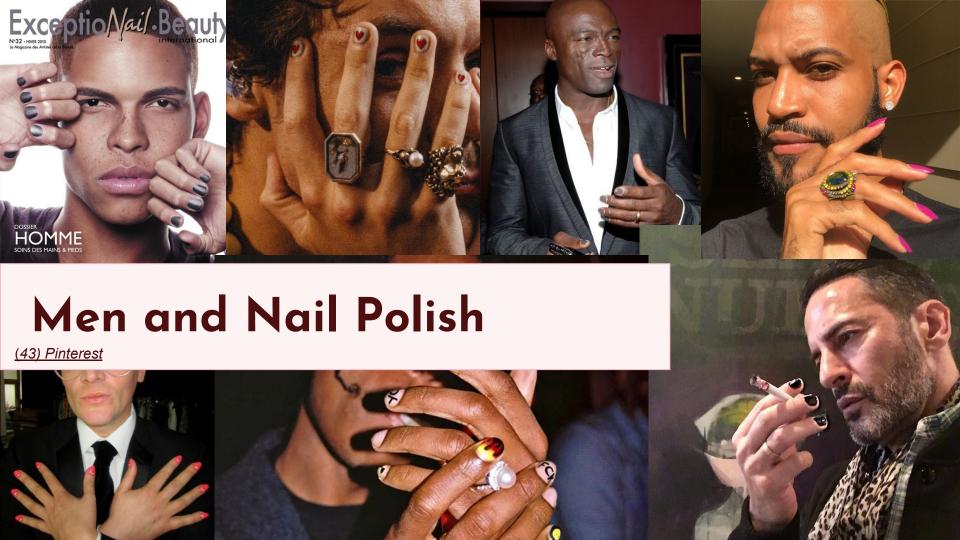
Deeper meaning





### Relation to females





### Relation to Males



Symbol of Rebellion

**Fashion Statement** 

**Sexual Expression** 

**Modern Acceptance** 

### WHAT IS RED NAIL THEORY?











"I always thought red nails was like a grandma nail color, why the fuck is he liking red nails? And then it hit me. In the '90s when we were growing up, women had red nails a lot, especially like our moms. I weirdly think guys are attracted to red nails because it reminds them of their moms when they were growing up and taking care of them." - @girlbosstown (TikToker)

- Sexy
- Power
- Passion
- Courage
- Confidence
- Danger
- Love
- Sensuality
- Femininity
- Seductive
- Romantic

### Red & Black Nail Implications

As someone who grew up in a very modest Christian culture, dark colors such as black and dark purple were seen as "gothic" while red was "mature" "I'm not saying I agree with it but my assumption is: red has always been seen as a "sexy color for women." Black nails is considered gothic I guess"

I think it's associated with more grown up fashion or more rebellious fashion while pastels (stereotypically) are "suitable" for young girls." I have no idea. My dad had a problem with black because he said it was "emo" ad he said that red was too "adult". But even with his opinions he never stopped me from getting what color I wanted."



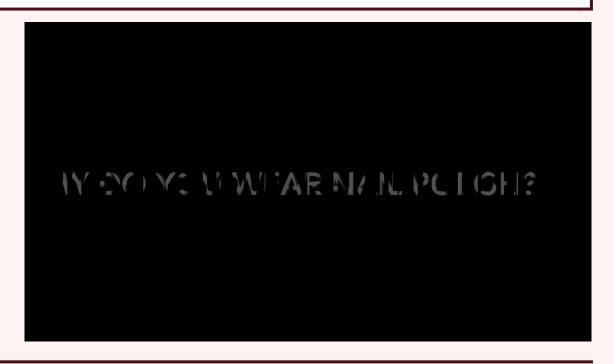
### Modern Acceptance - It Was All Made Up



0.00-0.45

### Our Case Study

- 10 participants ranging from ages 20-65
  - o 2 mid gen z
  - 3 early gen z
  - 1 millennial
  - o 3 gen x
  - 1 boomer



### Data Based on Interviews:

Older Gen Z: "To Each Their Own"

Gen Z and gender fluid fashion, more tolerance for nail types

Older generations resistance to colored nails

Nails are expensive! People who get them done





### Social identity

**Key Themes:** 

Class

Gender

**Sexuality** 

**Generational Differences** 





### RESOURCES

https://sienna.co/blogs/news/the-history-of-nail-polish-you-never-knew-about#:~:text=The%20first%20US%20nail%20salon,entrepreneur%2D%20a%20girl%20boss%20even!

Men Who Wear Nail Polish Share Why Stigmas Against Them Shouldn't Exist | Allure 24 Famous Men Who Have Made Nail Art Their Beauty Signature | Vogue Creating A Cultural Movement With Nail Polish

The Cultural Significance of Nail Care in Different Societies - Brave in Bloom A Deep Dive Into The Ancient History Of Nail Polish https://www.allure.com/story/men-who-wear-nail-polish-interview https://www.dailydot.com/unclick/red-nail-theory/ (43) Pinterest